

GRAND ROUNDS

Creating a place of tranquility: RVH staff engage in the project

RVH's indoor healing garden, with its natural light, abundant greenery, and soothing atmosphere provides a peaceful oasis for patients, their family members, and staff.

Now officially opened, the Auxiliary Solarium project has been generously supported by the community, and RVH staff are also on board to make the space special.

A hospital is a busy place that can sometimes seem confusing, scary and stressful. Since its creation, the solarium has been a welcome addition to the hospital and our patients, says Jessica McLaren, RVH Clinical Nurse Manager.

"This space provides a calming and relaxing environment for our patients and their families to visit."

Many people have had a hand in creating the Auxiliary Solarium, Phase 2 of the Healing Garden project located on the hospital's second floor.

One beautiful and meaningful contribution is a stained-glass work from former RVH nurse Judy Sauvé and her husband Phil.

"We feel that this space really makes a difference for patients, caregivers, and staff who need a little sanctuary from the hustle and bustle, and wanted to be a part of the project," said Sauvé.

Dan Strachan, an employee in RVH's Environmental Services, contributes in another way. He has taken on the regular watering and care of the plants, which are an important element of the space.

"I think the Healing Garden is a great concept and there is a real need for it. Plants are very therapeutic. I noticed that the plants in the solarium needed care, and helping them to thrive is my way to contribute to the hospital, our patients and their families and to my coworkers," said Strachan.



Judy and Phil Sauvé donate a beautiful stained-glass to the RVH Auxiliary solarium to enhance the space.



Dan Strachan turns his green thumb to tending the plants in RVH's indoor healing garden.