



## GRAND ROUNDS

### Volunteers needed to sustain valuable community program

As a Meals on Wheels client for the past three years, Duncan McNevin is eager to attest to the value of the program.

“If I didn’t get this service, I’d probably be in Quail Creek (Retirement Residence). This is what is keeping me at home,” he vouches.

Volunteer drivers in the Meals on Wheels (MOW) program have been delivering hot nutritious meals seven days per week in our community since 1976. For many seniors, the nourishment and daily check-in by the volunteer allow them to remain in their homes.

Glen Curry, a volunteer driver who has delivered meals on a fill-in basis for the past 8 years, says he does it because it is a worthwhile program and the clients are appreciative. “Clients are friendly, you get to know them, and we often chit chat.”

Curry also shares that there have been occasions when the client has not answered the door or a phone call which is reported back to the hospital for follow-up.

“We have had occurrences when clients have needed help,” he states.

The ongoing success of this program depends on the network of volunteers who deliver the meals.

We are currently recruiting volunteers for the program. Meals are picked up at Renfrew Victoria Hospital and delivered to clients in our community. The time commitment is approximately 1.5 to 2 hours per day (up to 20 or 25 clients). Volunteers must complete a police background check to participate.

If you are interested in becoming a volunteer driver for the MOW program, please contact: Kristina, Food Service Supervisor at [elderbroomk@renfrewhosp.com](mailto:elderbroomk@renfrewhosp.com) or call 613-432-4851 ext. 130



**Long-time Meals on Wheels volunteer driver Glen Curry delivers a three-course hot meal to client Duncan McNevin.**

To become a volunteer, please email Kristina at [elderbroomk@renfrewhosp.com](mailto:elderbroomk@renfrewhosp.com) or call 613-432-4851 ext. 130