



# RVH Nursing Edge

## INSIDE THIS ISSUE:

- 2 RVH Spotlight
- 2 About BPSO
- 2 RVH's BPSO team
- 3 Building Nursing Excellence

## RNAO welcomes nine health-care organizations to BPSO program

A brand new cohort of Best Practice Spotlight Organizations (BPSO) began the journey to implement evidence-based practice in its workplaces. On March 24, RNAO welcomed nine health organizations as BPSO candidates at a ceremony in Toronto.

RNAO's newest BPSO candidates are located in all corners of the province, and cover a varied range of health sectors:

- Brockville General Hospital
- Leeds, Grenville and Lanark District Health Unit
- Mnaamodzawin Health Services
- Pioneer Ridge Home for the Aged
- Renfrew Victoria Hospital
- Residence Saint-Louis Bruyère Continuing Care
- Southlake Regional Health Centre
- St. Joseph's Care Group
- The Scarborough Hospital

These nine organizations selected guidelines they determined will have the greatest impact on the health and well-being of their patients. During the three-year partnership, each organization will implement several guidelines, identify ways to sustain their implementation, and evaluate their impact on patient and organizational outcomes.

Congratulations all our new BPSO candidates for taking on this ambitious and rewarding project.



## RVH SPOTLIGHT

RVH hopes to achieve BPSO designation with the successful implementation and evaluation of:

- Screening for delirium, dementia and depression in older adults
- Assessment and management of pain
- Patient-centered care
- Women abuse: screening, identification and initial response in the Emergency Department
- Decision Support for Adults Living with Chronic Kidney Disease.

## About RNAO's Best Practices Spotlight Organization® (BPSO®) Designation Program

The RNAO's 50 best practices offer guidance to health care professionals in a variety of areas, from prevention and/or treatment of pressure ulcers, diabetes, hypertension and asthma to pain management and the prevention of falls. The world-renowned BPGs have been implemented at health care institutions across Canada, as well as in other countries, including the United States, Australia and Spain.

Every three years, the RNAO opens a request for proposals (RFP) to organizations to implement and evaluate BPGs as part of the BPSO Designation program. In February 2015, the RVH nursing team received notice that its submission was successful.

RVH was among many applicants. "RNAO received a tremendous response to this RFP. Your proposal was appraised by a team of reviewers comprised of representatives from BPSOs and the International Affairs & Best Practice Guidelines Program staff," wrote Irmajean Bajnok, Director of the RNAO's International Affairs and Best Practice Guidelines Centre. "Congratulations on becoming an RNAO Best Practice Spotlight Organization. We are proud to partner with you!"

## RVH's BPSO proposal team

RVH's team of nurses responded to the RNAO's RFP in late 2014. The RVH proposal team includes Jessica Gilbert, Clinical Manager of the Acute Care Unit; Christene Ferguson, Vice-President of Patient Care Services; Janice Verch-Whittington, Clinical Manager of the Nephrology Program; Charlene Hanniman, Clinical Manager of Complex Continuing Care; Kim Dick, Clinical Manager of Emergency/Ambulatory Care; Jennifer Valiquette, Manager of the Regional Assault Care Program; Rhonda Normandeau, Clinical Manager of the Operating Room/Oncology/CSS; and Ann Marie Urbaitis, Coordinator of Supportive Care, Oncology and Palliative Care



Used with permission from Dr. Prasanna Vadhanan MD  
[www.madmedicine.co.in](http://www.madmedicine.co.in)

## Community Resource Corner

**Canada Pension Plan and Old Age Security (financial programs)**  
 1-800-277-9914

**Community Care Access Centre (CCAC)—homecare services**  
 613-732-7007

**Health Care Connect (if you need a family doctor, register for one here)**  
 1-800-445-1822



## Building Nursing Excellence

RNAO is unwavering in its commitment to build nursing excellence in Canada and abroad. BPSO partners are groundbreaking practice sites dedicated to raising the bar in evidence-based nursing practice by using RNAO's guidelines in day to day patient care and by evaluating their impact on clinical and health outcomes.

This new designation provides formal recognition for the commendable commitment and pioneering work of these organizations and their nurses to successfully apply RNAO's guidelines to enhance patient care; build greater awareness about evidence-based practice; and create a winning BPG team to advance and sustain guideline work.

BPSO's also endeavor to share their experience and expertise with guideline implementation and evaluation with other health-care settings interested in implementing RNAO guidelines. The real winners are the Canadian public, the nursing community, and our health-care system as a whole.